

SHOULDERMD

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BOARD CERTIFIED ORTHOPEDIC SURGEON

Injection information

Key points to remember:

1. The next day after an injection you may be sore. Simple use Ice To treat the soreness
2. It can take 3-5 days for the full onset of the medicine to start Healing.
3. When better gradually return to activities so you do not over Load the Area that is healing.

Issues with injections are very very Rare:

Symptoms that may be concerning require calling the office
To let the Doctor know what is going on. 415-447-0495

Watch for:

- Severe increased pain
- Shortness of breath or chest pain
- High fever greater than 101.5 Fahrenheit
- Significant swelling of the extremity
- Onset of numbness or tingling (only if you have not had regional anesthesia as part of your treatment. If anesthesia was administered, these symptoms are normal)